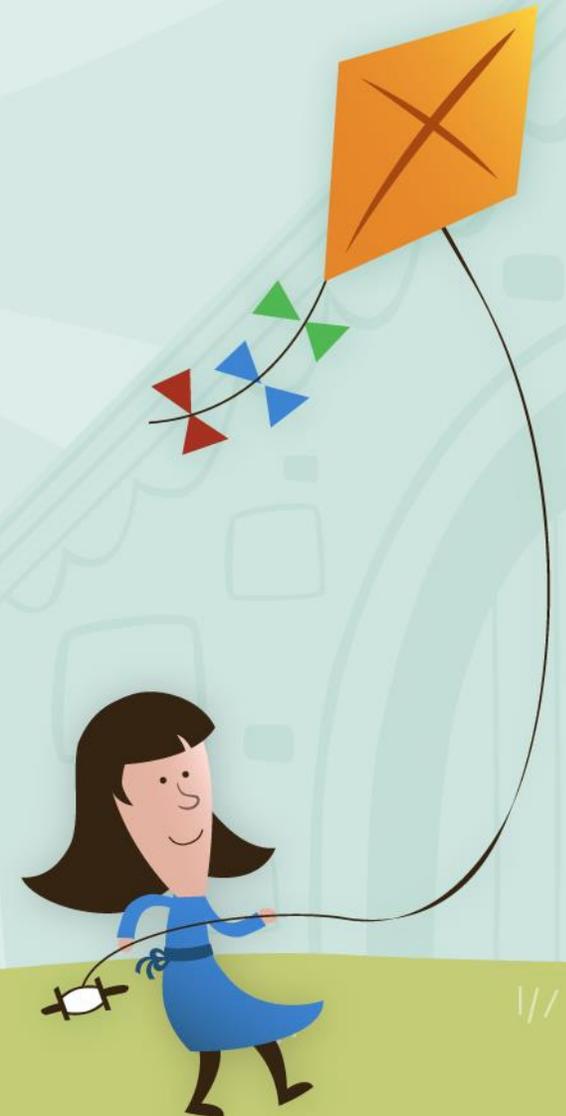


Parent's Guide to Talking Points

Year 2



What is Talking Points?

- Talking Points is a scheme of work that covers the DfE Guidance for their new Physical Health, Mental Wellbeing and Relationships Education for Primary Schools. This is a compulsory guidance document for schools.
- Talking Points uses children's picture books to start age appropriate discussions with children about the topics needed to be covered.
- Children are encouraged to take part in discussions and activities which include other groups of pupils, grown ups at home and parts of the community.
- Talking Points also aims to encourage a love of reading and to increase vocabulary understanding.
- It has been written by a currently serving Headteacher with a psychology background.



Year 2 Talking Points

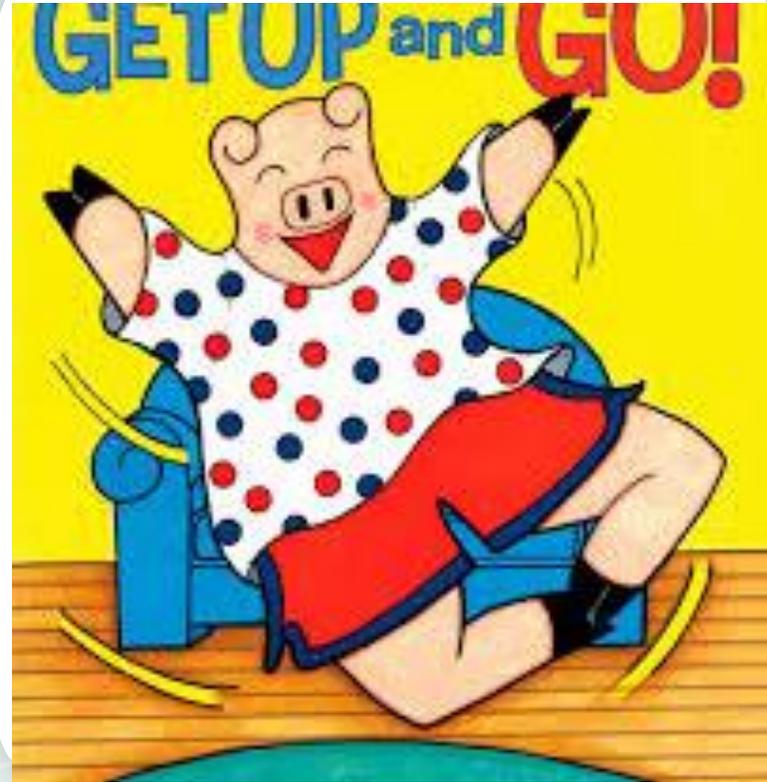
	Talking Point	Strand	Page
1	Why should I exercise?	Looking after me	➡
2	What if I don't like vegetables?	Looking after me	➡
3	Are medicines always good?	Looking after me	➡
4	Can I stop myself getting ill?	Looking after me	➡
5	What does angry feel like?	Understanding me	➡
6	How do I make you feel?	Understanding others	➡
7	Is it right or wrong?	Understanding groups	➡
8	How can I compromise?	Understanding groups	➡
9	What are rights and responsibilities?	Understanding groups	➡



Year 2 Talking Points

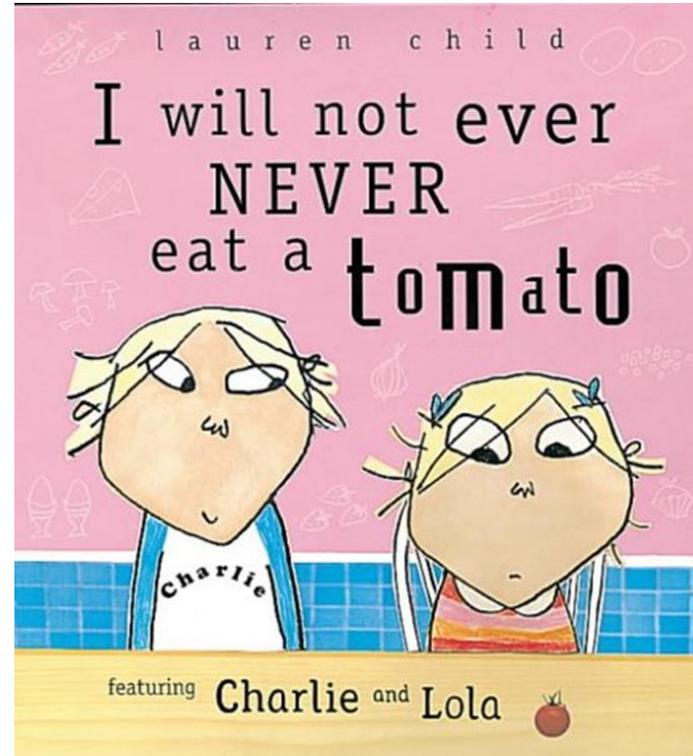
	Talking Point	Strand	Page
10	How do I contribute?	Understanding groups	☞
11	How can I save our planet?	Understanding groups	☞
12	Where could my money come from?	Looking after me	☞
13	Do I know my body?	Understanding me	☞
14	What does private really mean?	Looking after me	☞
15	Who can I trust?	Looking after me	☞
16	Should I keep a secret?	Looking after me	☞
17	Am I safe online?	Looking after me	☞
18	What should I aim for?	Understanding me	☞





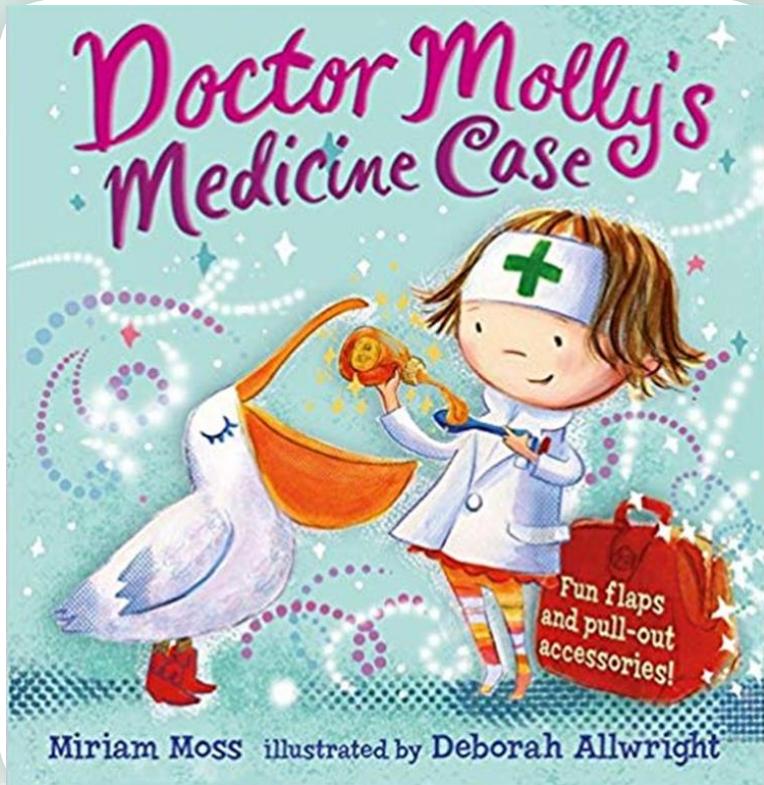
All about keeping your body and mind healthy by exercising and being mindful

The books



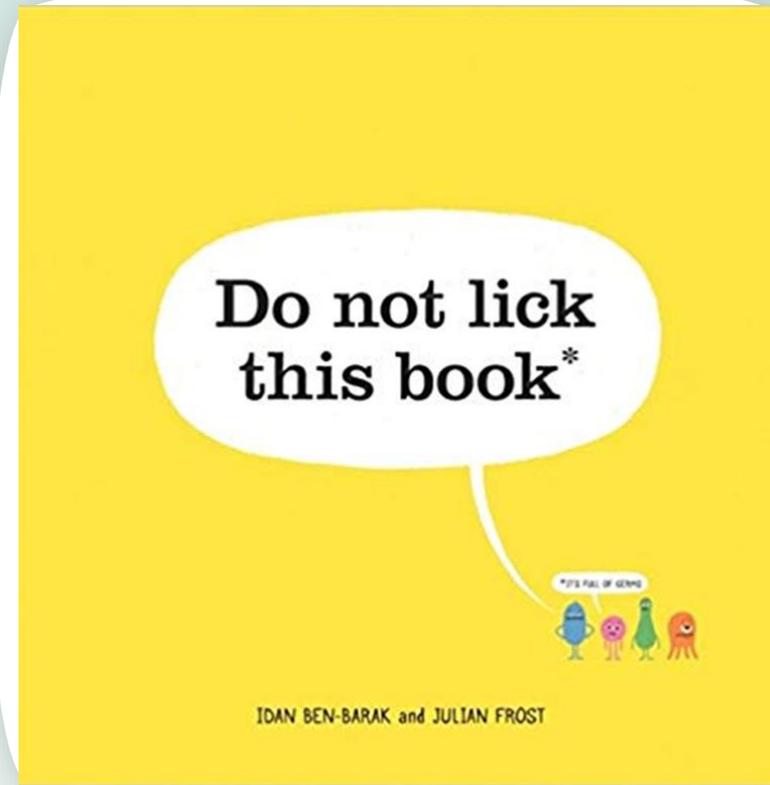
About healthy eating and the importance of moderation including healthy recipes





How to take medicines and how to keep safe around medicines including not taking those not prescribed for you

The books



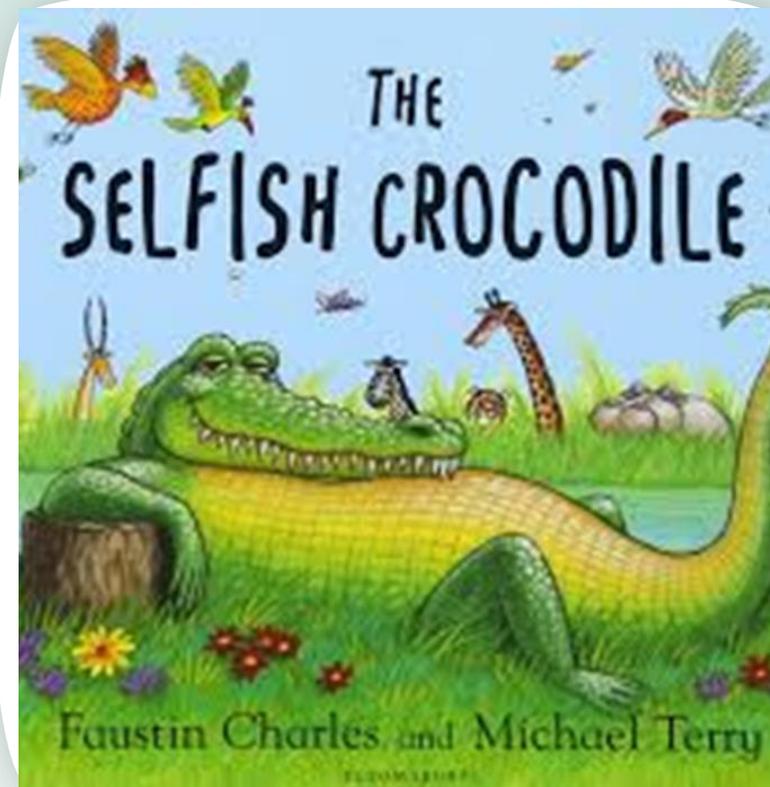
Understanding that we get ill because of germs and how to limit how much we get ill by reducing our contact with germs





What makes us angry and how to help ourselves and others when we are angry along with feelings vocabulary work

The books



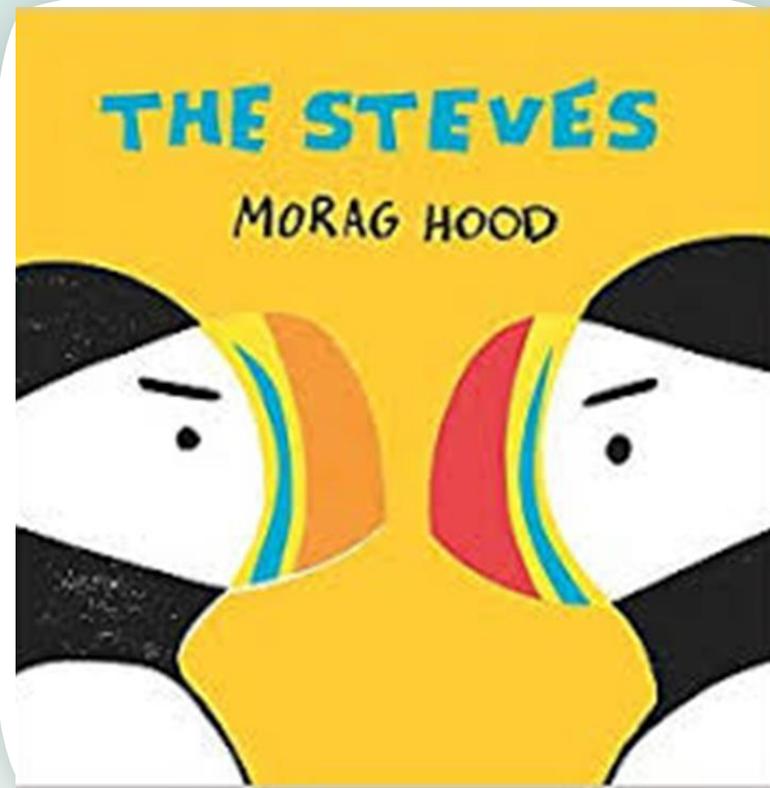
How our actions affect others and how their actions can affect us, beginnings of relationships education





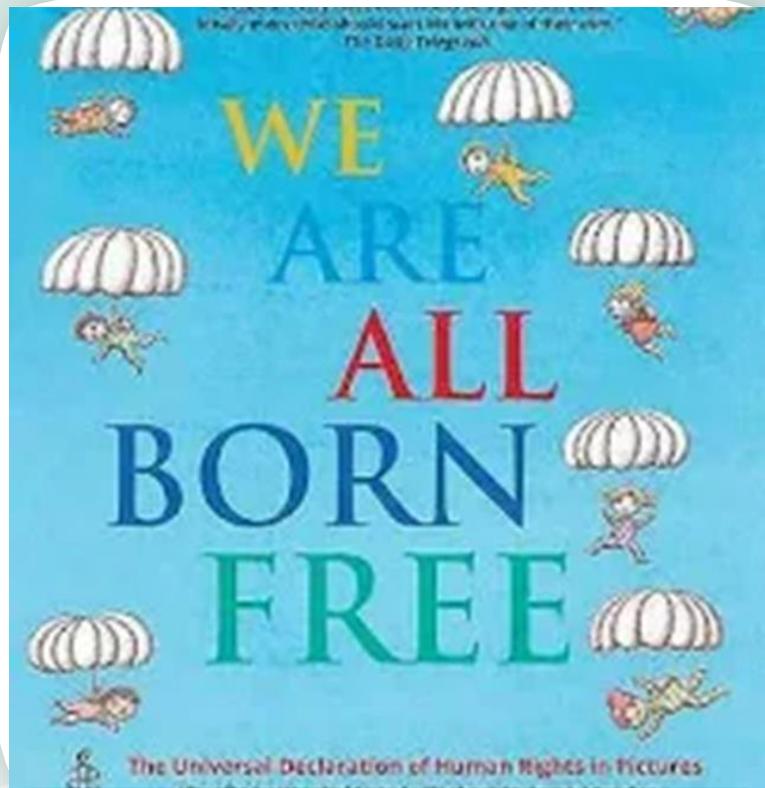
About the difference between right and wrong and that we all have a choice to make about our behaviours

The books



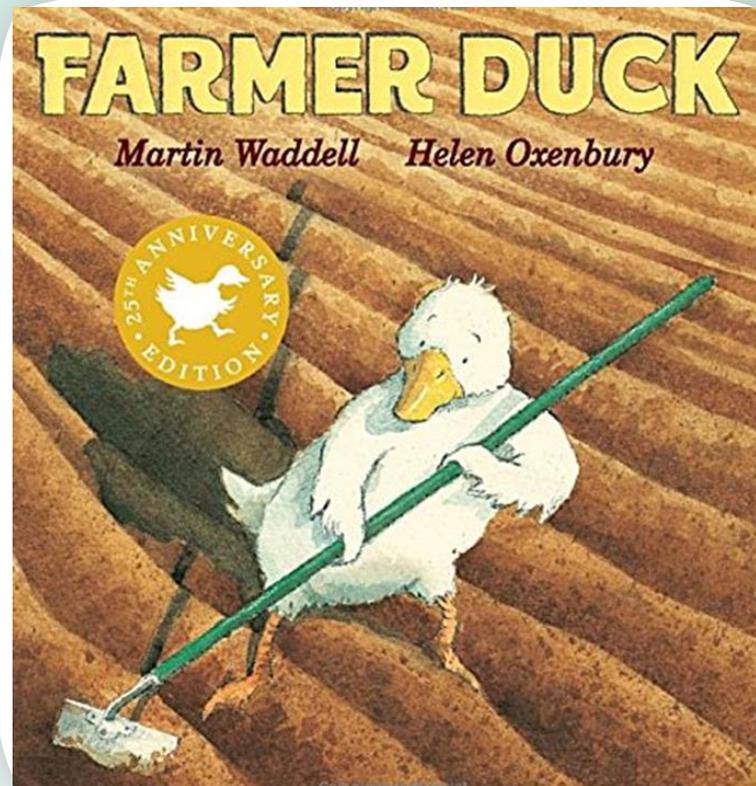
Understanding of the word compromise and how we can compromise in our relationships





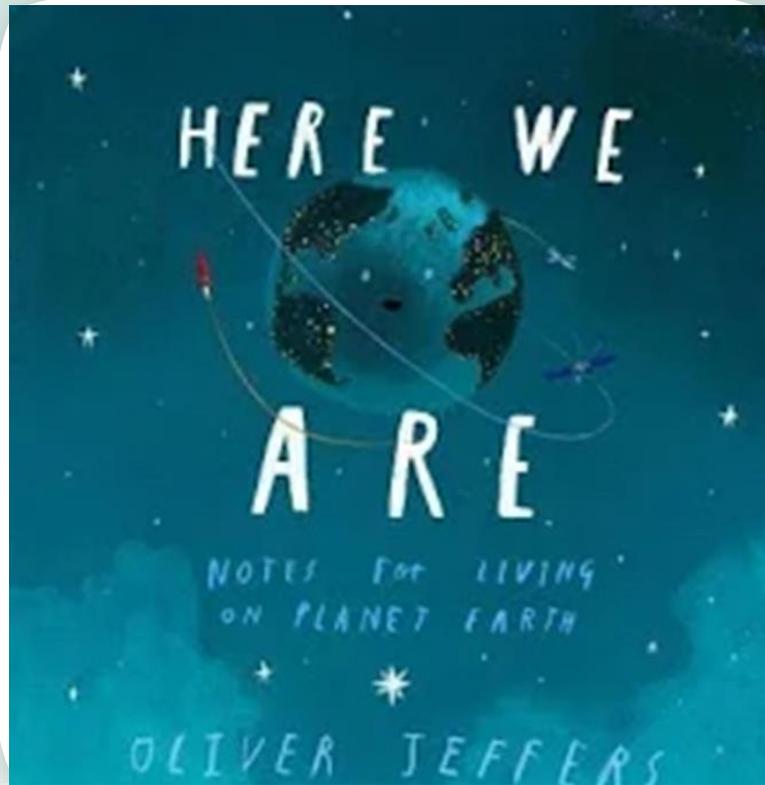
That we are all born with human rights but along with those come responsibilities towards others

The books



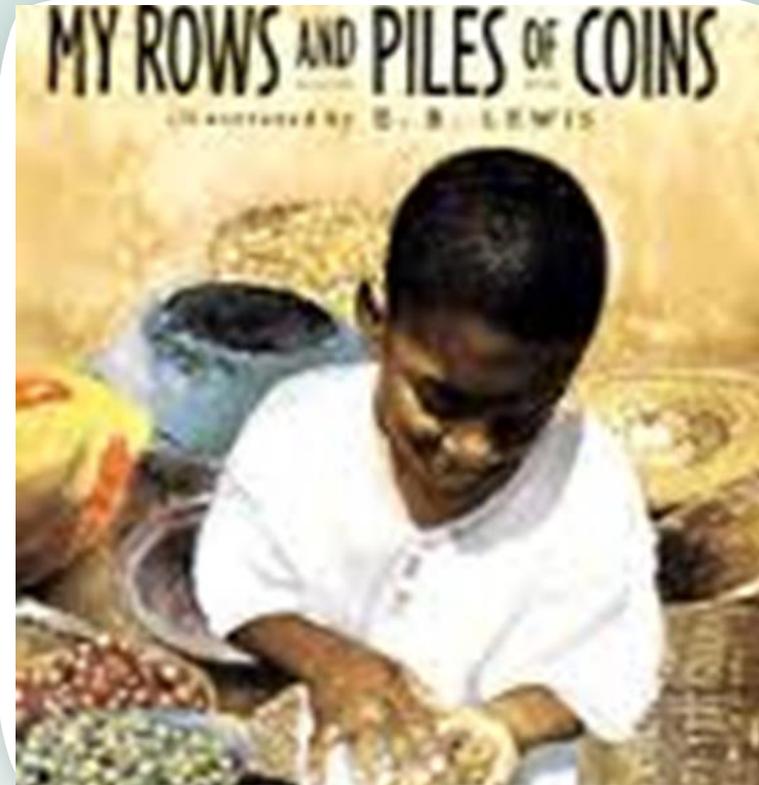
Understanding the word contribute and to see how children contribute to friendships, the classroom and their family





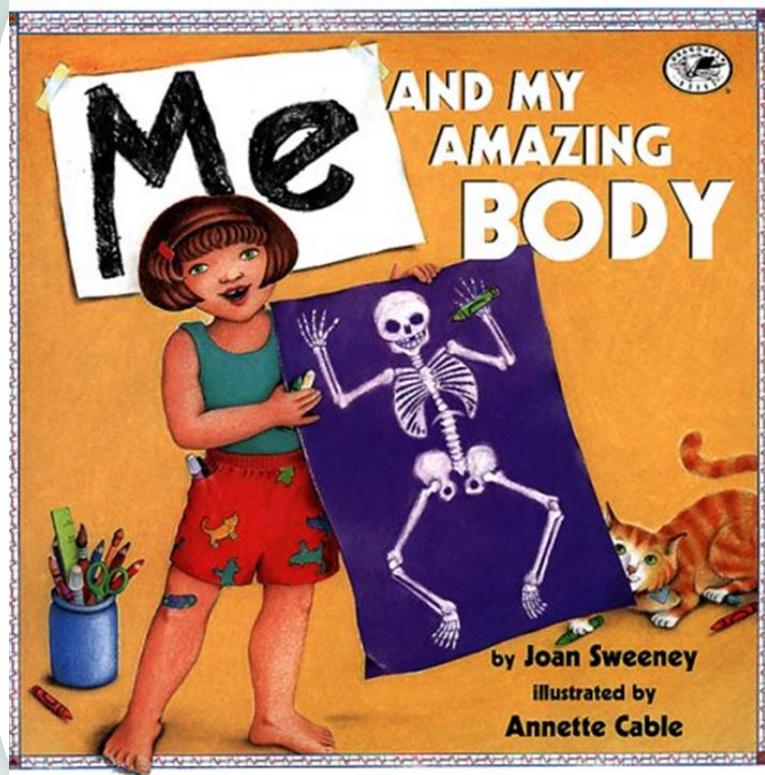
Understanding the word conservation and why it's important to save our planet

The books



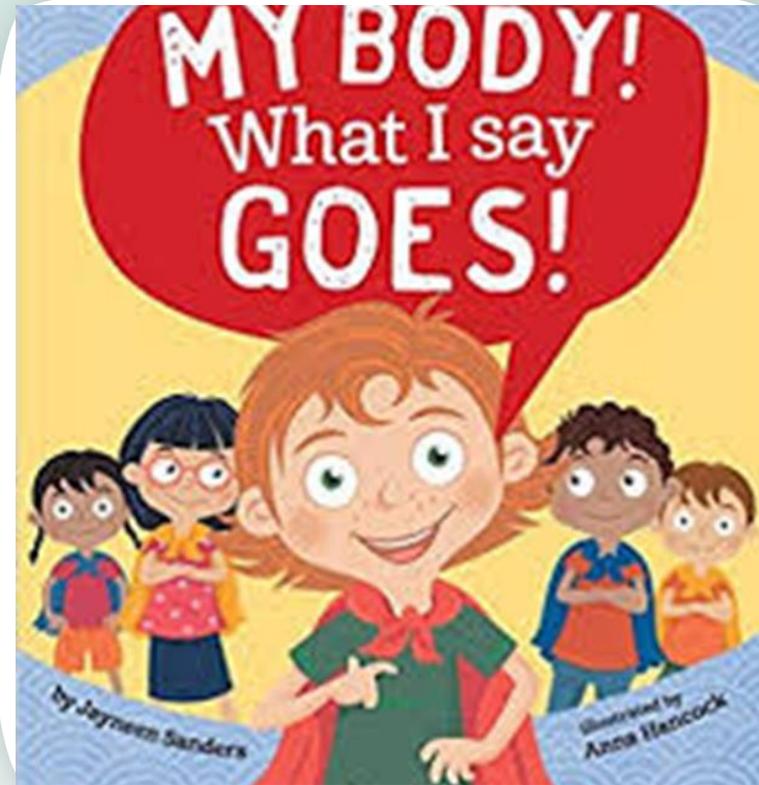
Know where money comes from and how they could earn money to save for the things they want





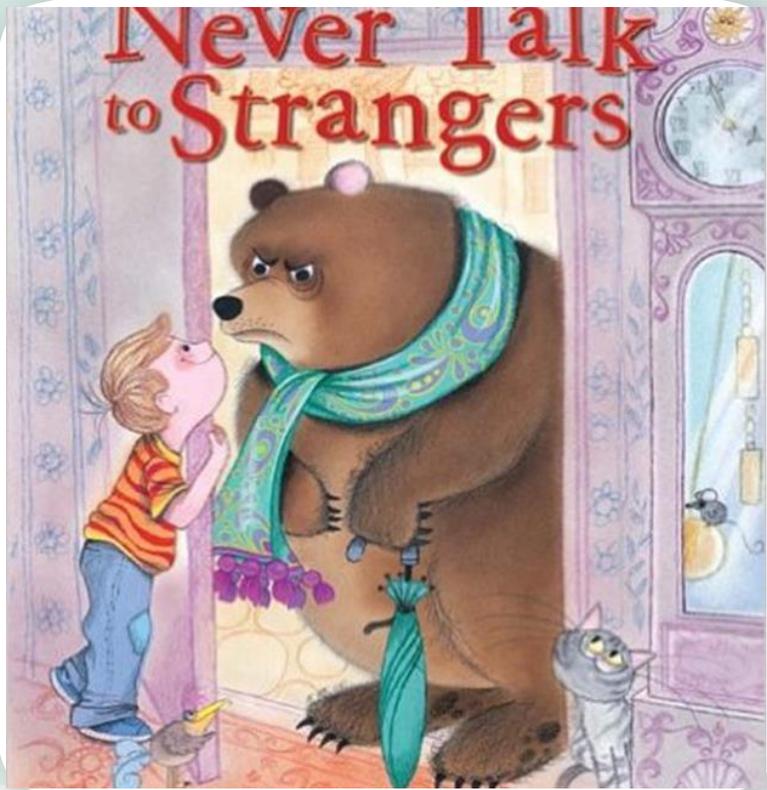
Knowing the formal names for the parts of their body including the ones that should be private

The books



Exploring the word private and age appropriate discussions about keeping their body safe





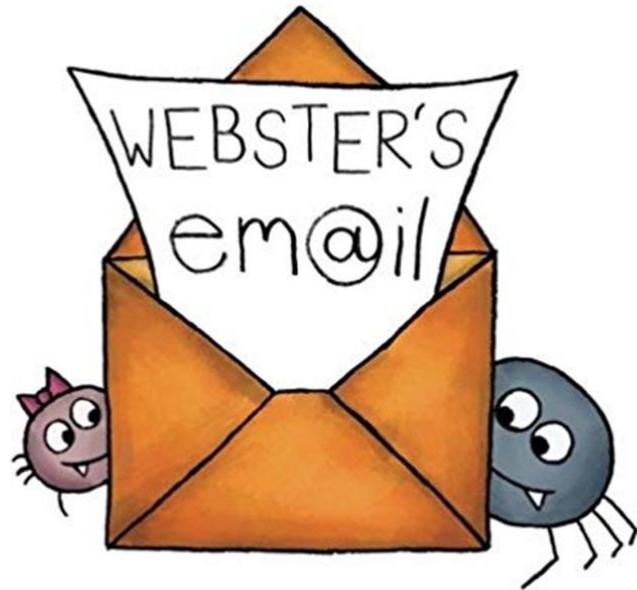
Knowing who to trust and what to do if you feel uncomfortable with anything including through online relationships

The books



About the difference between secrets and surprises and that secrets can weight us down like worries so who can children tell if they are worried





HANNAH WHALEY

A look at staying safe online and how pictures put on the internet can be shared without your knowledge

The books



How to create aims and targets for the future and in readiness for KS2



Questions and Answers



Common questions

Why are there these changes to PSHE lessons in schools?

- In the spring of 2019, in response to a consultation period, the Department for **Education** (DfE) announced an overhaul of sex, health and **relationships education** in both **primary** and secondary **schools**. This was the first overhaul in 18 years and took into account new concerns facing our young people including mental health worries.



Common questions

Will my child be taught sex education at primary school?

- The new curriculum includes relationships education but not sex education.
- The science curriculum states that children should learn about puberty and reproduction.
- In addition to the National Curriculum, the Department for Education (DfE) published Sex and Relationships Education Guidance in 2000, which, although it isn't statutory, schools must take into consideration. Primary schools should:
 - **Focus their relationships education on friendships, bullying and self-esteem.**



Common questions

Can I withdraw my child from these lessons?

- This curriculum is statutory in all non-academy primary schools and therefore children can only be withdrawn from the parts of this scheme which are outside of the guidance document.
- The only parts of this scheme outside of either the new guidance or the Science Curriculum are
- Money lessons
- Keeping safe e.g. water safety, road safety lessons



Any other questions?

Please fill in a questionnaire – this is how you can express your views on how we will teach Physical and mental wellbeing and Relationships education.

