



The 1-2-3 Magic programme keeps parents in charge.

It's effective, produces results quickly and is based on the fact that parents talk too much!

It splits parenting into 3 areas:

- ✓ Controlling negative behaviour
- ✓ Encouraging good behaviour
- ✓ Strengthening the child-parent relationship

Over 5 weeks you'll learn how to use gentle, but firm, discipline without arguing, yelling or physical punishment, whilst your child has fun in the Little Learners creche.

If you want to find out more about 123 Magic and see if it is the right programme for you and your child:

- Get in touch by phone, email (details below)
- Have a look at our website.
- Just walk into one of our buildings where staff will be happy to help.
- T: 0115 9773741
- E: FHAshfield@nottscc.gov.uk
- W: nottinghamshire.gov.uk/care/familyhubs