



Parenting can be rewarding but sometimes we may need some support and guidance.



Do you feel you need:

- Someone to listen to you about your children's behaviour?
- Some support and advice about your children's behaviour?

We can offer different things to help you from a one-off appointment, Family Support or a parenting programme.

Every family are different so what "fits" one family doesn't always "fit another". We work with you to explore what works for you and your children.

For further information:

- Get in touch by phone, email (details below).
- Have a look at our website.
- Just walk into one of our buildings where staff will be happy to help.

T : 0115 9773741

E : FHAshfield@nottscc.gov.uk

W : www.nottinghamshire.gov.uk/care/familyhubs