



## Baby PEEP - for babies 0-1 years old.



**Babies don't come with a manual... and most parents need a little support and guidance sometimes.**

Baby PEEP helps parents/carers to understand your baby's development and meet their needs with play and everyday experiences.

By talking, singing and playing together you'll learn how to help your baby to develop and learn at home.

Baby PEEP is a 6-week course, so you'll grow in confidence and skills in how to help your baby develop through play.

If you want to find out more about Baby PEEP and see if it is the right programme for you and your child:

- Get in touch by phone, email (details below).
- Have a look at our website.
- Just walk into one of our buildings where staff will be happy to help.

T : 0115 9773741

E : [FHAshfield@nottscc.gov.uk](mailto:FHAshfield@nottscc.gov.uk)

W : [www.nottinghamshire.gov.uk/care/familyhubs](http://www.nottinghamshire.gov.uk/care/familyhubs)