



# Are you thinking about toilet training?



Family Hubs Networks deliver a Toilet Training workshop. The workshop covers:

- Building blocks to establish a routine.
- Introduction of pants.
- Praise and positive reinforcement
- Becoming dry at night.
- What to do if things don't go to plan!

If you want to find out more about Toilet Training, you can:

- Get in touch by phone, email (details below).
- Have a look at our website.
- Just walk into one of our buildings where staff will be happy to help.

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W : [www.nottinghamshire.gov.uk/care/familyhubs](http://www.nottinghamshire.gov.uk/care/familyhubs)