



Weaning

Is your baby getting ready for weaning?



Do you want to find out further information about weaning your baby ?

If the answer is yes, then you may be interested in our Weaning programme.

- The programme is useful for families who wish to find out more about weaning their baby to solid foods.
- Find out more about when to wean, and hints and tips to help you wean safely.
- Meet other parents who are also considering weaning their baby.

If you want to find out more you can:

- Get in touch by phone, email (details below).
- Have a look at our website.
- Just walk into one of our buildings where staff will be happy to help.

T : 0115 9773741

E : FHAshfield@nottscc.gov.uk

W : www.nottinghamshire.gov.uk/care/familyhubs